

## Art, Artists, and the Spiritual Disciplines: Prayer

Prayer whispers our deepest longings to God, for ourselves and for those around us, and listens for God's response. Artists practice similar longings and vulnerability as they reach beyond themselves to receive new insights and share their hearts with the world around them. This talk will discuss similarities between art-making and prayer, as well as consider how the practice of doing art might help others practice prayer in new and helpful ways.

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### I. Forms of Prayer

A. Prayers of Meditation

B. Prayers of Petition

C. Communal Prayers

D. A Habit of Prayer

### II. *Lectio Divina* as a Form of Prayer

A. Listening

B. Responding

C. Communal Grace

D. A Habit of *Lectio*

### III. A Form of Art-Making (and Viewing)

A. Meditation and Listening

B. Responding and Petition

C. Communal Intent

D. A Habit of Art

IV. Learning from One Another

A. What Artists Can Learn from Prayer

B. What the Church Can Learn from Artists' Practice

V. A Prayerful Art-Making Activity