

## Effective Disciple-Making Among Youth

Is it possible to question one's faith without losing it? How can we disciple and love young people who ask such questions? This "deconstruction of faith" or doubting and questioning one's faith can feel like traversing a desert alone. In this session, we will discuss what this doubt is and is not, how it impacts churches now and in the future, how to practically love and engage as we walk with others through the desert (or go through it ourselves), and the hope we have in the journey of reconstruction.

**Zala Cempre** was born and raised in Slovenia, where she now serves as an overseer of youth and young adults ministry in her local church in Ljubljana. Her main focus is discipling, coaching and training volunteers in church. On a national level, she leads a 2-year discipleship program for college students and serves as a director of summer reach-out ministries through summer camps. One of her highlights every year is taking students on short-term trips to former Yugoslavian countries where they serve the needs of the local churches. Zala holds a bachelor's degree in management and master's degree in international business.

### I. Faith walk

- Construction
- Deconstruction
- Reconstruction

### II. Deconstruction of faith

*You have heard... But I tell you...* (**Mathew 5:21-22**)

- What it is?
- Why it happens?
- Why should we know more about this?

### III. Doubt

*Then the eleven disciples went to Galilee, to the mountain where Jesus had told them to go. When they saw him, they worshiped him; but some doubted. (Mathew 28:16-17)*

Belief ..... Doubt..... Disbelief

### IV. How to walk with those who doubt?

*Be merciful to those who doubt. (Jude 22)*

- Love: Mk 6:34-36 and Jn 13:35
  
- Understand: Acts 17:2-4 and 26:24-29

### V. What is next?

*What is most damaging to Christianity is not that Christians doubt but that there seems to be little open discussion and understanding of doubt. This must be changed. (Os Guinness)*

### Suggested reading

- Books:
  - Childers, Alisa. *Another Gospel: A Lifelong Christian Seeks Truth in Response to Progressive Christianity*, Tyndale Momentum, 2020
  - Guinness, Oz. *Doubt: Faith in Two Minds*, IVP Books, 1976
  - Swoboda, A.J. *After Doubt: How to Question Your Faith without Losing It*, Brazos Press, 2021
  
- Youtube channel:
  - Alisa Childers: <https://www.youtube.com/channel/UCskQEEbNowtaWFIDW65g2Q>