

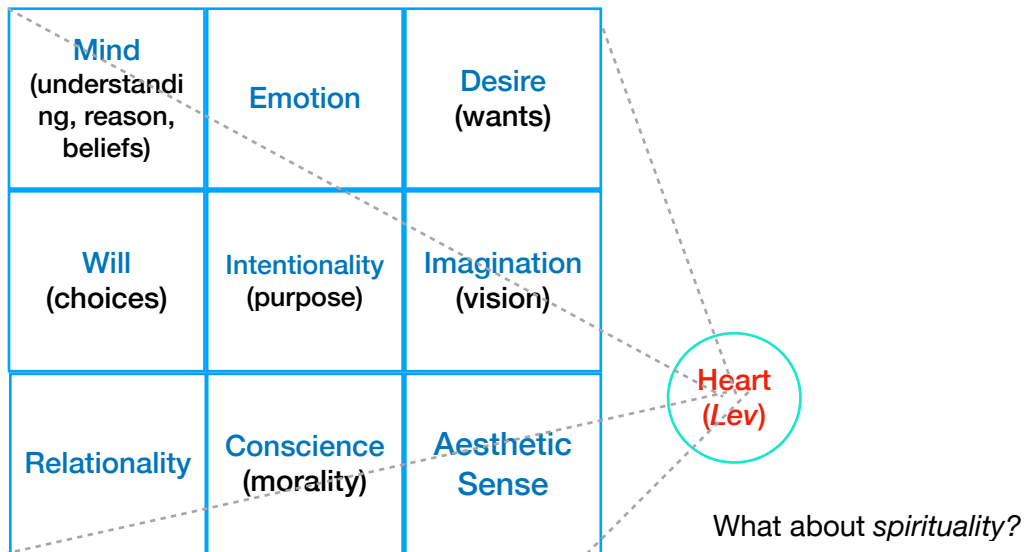
# Artist Soul: Caring for the Creative Soul in a Life of Creating

for Artist Network at ELF 2025

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The ***Imago Dei*** and The Soul: Genesis 1:26-28 + reread Genesis 1:1-25.  
 What do you perceive about who God is?

Capacities of Your Soul



Current state of your soul

Hope \_\_\_\_\_ Despair

Joy \_\_\_\_\_ Depressed

Peace \_\_\_\_\_ Anxiety/Anger

Encouraged \_\_\_\_\_ Discouraged

Proud \_\_\_\_\_ Disappointed

Whole \_\_\_\_\_ Fragmented

Purposeful \_\_\_\_\_ Lost

Fulfilled \_\_\_\_\_ Empty

Passion \_\_\_\_\_ Apathy

What does it mean for your soul to *flourish*?

- Psalm 42
- Psalm 1

Contemplation and Prayer

**Psalm 43:3-4** - on truth  
Truth leads to flourishing of the soul

**Psalm 19** - icons, metaphor, and symbolism  
Word & World

Plato's Republic

"The first thing will be to establish a censorship of the writers of fiction, and let the censors receive any tale of fiction which is good..."

Which stories?  
The ones that tell lies about realities

"I mean that no one is willingly deceived in that which is the truest and highest part of himself, or about the truest and highest matters; there above all, he is most afraid of a lie having possession of him."

Mindfulness

Creativity as...

Respite

Revival

Regeneration

*Art as a Meditative Means*

The Restorative Effect of Beauty

**Psalm 34:1-10**

**Philippians 4:8-9**

"peace"

Wonder and Marvel

**Aesthetics of Sabbath**  
Gen 2:2, Mark 2:27

**Habits of Rest for the Soul:**  
Life-Giving  
vs. Life-Draining

## Contemplative Sensing & Whimsical Wondering

Draw or Write an image of *your soul flourishing*