

The Art of Hearing God: The Creative Practice of Reflective Prayer

Whether you're a painter, writer, poet, dancer, musician, or any other creative soul seeking a deeper relationship with God, this interactive, collaborative workshop will engage our creative spirits as we learn to better hear from God and meditate on His Word. As we learn the art of reflective prayer, we will encourage one another to deepen our journey as Christian artists and bearers of God's image (Imago Dei) in creation. Join us in this exploration of faith and artistic expression, as we seek to hear God's heart through the lens of our unique creative gifts.

Joshua J. Masters is a pastor, author, and international speaker with a heart for leading through culture and relationship building. He also serves as the Executive Director and missionary for Bridge Builders International, a U.S. based organization serving the Baltics and greater Europe. His book, *A Faith Unleashed: Living in the Hope of God's Rescue*, premiered as an Amazon Best Seller and a Selah Awards Finalist. A member of the Screen Actors Guild (SAG-AFTRA), Joshua spent more than a decade working in the film, theater, and television industries. He has been featured on CBN Television, HIS Radio, the Light Radio Network, and is a regular Christian teacher and speaker for large groups. His new study series, *Experiencing the Word*, is being used by multiple churches to teach individuals how to meditate on the Bible and hear God's voice. He would love to connect with you at www.joshuajmasters.com.

The Process of Experiencing God's Word

- a. Read (2 Timothy 3:16)

- b. Meditate (Psalm 119:27)

- c. Pray (Psalm 19:14)

- d. Rest and Contemplation (Psalm 46:10)

- e. Action (Ephesians 2:10)

- f. Group Exercise

ii. Confirmation: How Do I Know What I'm sensing is from God?

- a. Is it Biblical? (John 16:13)

- b. Will it make me more like Christ? (Romans 12:1)

- c. Has God confirmed it? (John 6:63)
- d. Group Discussion

iii. Hearing God's Voice Through Art

- a. The reason art and music move us.
- b. What does God want to say through our response?
- c. Using the steps of Reflective Prayer in Art.
- d. Group Exercise.

Praxis and Discussion

In this session, we will lead participants in a deeper, more personal opportunity to practice the principles explored in the first session, which will prepare us to bring this discipline into our everyday lives and art-making as we spend time in community prayer.

i. Reflections on the Process from Artist, Petru Leahu (10 Minutes)

ii. Guided Exercises on Reflective Prayer

- a. Meditations on selected Bible passages
- b. Biblical Meditations on art pieces
- c. Group Discussion and Prayer