

“WINNING THE PURITY WAR”: Guarding My Body Against Sexual Impurity

Our bodies truly are the temples of the Holy Spirit. As such, they need to be properly presented to God and protected from sexual sin.

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I. Presenting My Body

1. Part One: Presenting myself to the One who has the heavenly title deed to my body — God. cf. 1 Corinthians 6:12-20; Romans 6:11-14

Romans 12:1 “Present your bodies as a living sacrifice, holy and acceptable to God . . .
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2. Presenting myself to the one who has the earthly rights to my body—my spouse.

cf. 1 Corinthians 7:3-4

3. I, _____, present the heavenly title deed of my body to my God and the earthly rights to my body to my spouse.

II. Promising My Body

Making a covenant agreement with God concerning every part of my body
Job 31:1 I made a covenant with my eyes not to look (lustfully).

I, _____, make a covenant agreement with God concerning my eyes not to look at _____; my ears not to listen to _____; my mouth not to speak about _____; my hands not to touch _____; my feet not to run toward _____; my mind not to dwell on _____; my knees not to neglect praying for _____.

III. Protecting My Body

Protecting my body from falling into immorality by running from evil — like Joseph (Gen. 39)

2 Timothy 2:22. “Flee youthful lusts and pursue righteousness...”

Prov. 5:8 “...don’t go near the door of her house.”

Prov. 7:25. “Don’t let your heart turn to her ways or stray to her paths.”

1 Thessalonians 5:22 “Avoid every kind of evil..”

What morally dangerous situations exist in your environment and how can you avoid them: at home, at work, in the community, at church, while traveling? List them. Write down ways you can avoid them.