

Intensive Care for Hurting Kids How You Can Bring Health and Healing to the Hurting and Wounded in Your Youth Ministry

Broken families, distant parents, abusive relationships, betrayal and hurt. Destructive habits, depression and guilt, loss of hope. These are just a few of the problems you will face on a regular basis when you work with young people. How can your youth ministry be a place of healing? What are ways you can personally engage with your students to bring health to the hurting?

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I. Categories of struggling teenager

A. Feeling hurt subjectively

1. Lack of Attention
2. Lack of Self- Confidence

B. Being hurt objectively

1. Observe
2. Define the problem
3. If you have no capacity to help, find a helper
4. Show understanding, love and grace

C. Clinical psychiatric cases

1. Talk to parents
2. Find professional help

II. Love means:

A. Community – 1 Cor 12:26

1. Get them involved

2. Feeling of belonging

B. Personal Care – Rom 12:9-16, v.15

1. Time

2. Attention

3. Grace

4. Christ

III. Theology of Healing – Phil 4:19, Mark 9, 22-24, Ez 36:26

A. Theology of Change – 2Cor 3:17-18

1. What is my role? – 2 Cor 5:20
2. What is teenager's role?
3. What is God's role? – John 15:26 and Isa 9:6
4. What are preconditions for healing?
 - Desire
 - Faith
 - Submission
5. Inside out or outside in?

B. Vault memories

C. Issues of the Heart

1. Wounds – Isaiah 53

2. Lies – John 1:5

3. Vows – Isaiah 30-31

4. Unforgiveness – Matt 18

D. The Way out:

1. Repentance

2. Faith

E. Observations: