

Finding Healing and Hope in a Trauma-Filled World: How Trauma Shapes Our View of Ourselves, Others, and God

The word “trauma” is used frequently today. In fact, it is overused, but it is also true that the church of Jesus Christ resides in a traumatised world. Natural disasters, interpersonal trauma, and violence victims combined make up a huge pool of suffering and often incapacitated humans, many not only right outside the doors of our churches but also sitting in our pews. How can we, the church in the 21st century, respond to this great mission field of traumatised humans?

Diane Langberg is a practicing psychologist whose clinical expertise includes 40 years of working with trauma survivors and clergy. She is director of Diane Langberg, PhD & Associates, a group practice in suburban Philadelphia, Pennsylvania. She is a clinical faculty member of Biblical Theological Seminary where she co-leads the Global Trauma Recovery Institute. She is the author of *Counsel for Pastors' Wives* (Zondervan), *Counseling Survivors of Sexual Abuse* (Xulon Press) and *On the Threshold of Hope: Opening the Door to Healing for Survivors of Sexual Abuse* (Tyndale House) with an accompanying workbook (Xulon Press), as well as *In Our Lives First: Meditations for Counselors* (Kindle; Amazon) and the forthcoming *Suffering and the Heart of God: How Trauma Destroys and Christ Restores* (September 2015, New Growth Press). She serves on the board of the American Association of Christian Counselors and GRACE (Godly Response to Abuse in a Christian Environment). Her books and many other resources can be found at www.dianelangberg.com

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