

The Spiritual Impact of Sexual Abuse and Other Traumas

Trauma of all kinds has profound spiritual impact for believers and unbelievers alike. Trauma raises questions about who God is, his character, his faithfulness, his purposes, and his capacity to keep us. It is critical that we understand the nature of these struggles and do not silence them or treat them as a failure of faith. When we silence victims of trauma and their questions we do further damage and in fact, become an obstacle in the work that God can and wants to do in a life battered by trauma and evil.

Diane Langberg is a practicing psychologist whose clinical expertise includes 40 years of working with trauma survivors and clergy. She is director of Diane Langberg, PhD & Associates, a group practice in suburban Philadelphia, Pennsylvania. She is a clinical faculty member of Biblical Theological Seminary where she co-leads the Global Trauma Recovery Institute. She is the author of *Counsel for Pastors' Wives* (Zondervan), *Counseling Survivors of Sexual Abuse* (Xulon Press) and *On the Threshold of Hope: Opening the Door to Healing for Survivors of Sexual Abuse* (Tyndale House) with an accompanying workbook (Xulon Press), as well as *In Our Lives First: Meditations for Counselors* (Kindle; Amazon) and the forthcoming *Suffering and the Heart of God: How Trauma Destroys and Christ Restores* (September 2015, New Growth Press). She serves on the board of the American Association of Christian Counselors and GRACE (Godly Response to Abuse in a Christian Environment). Her books and many other resources can be found at www.dianelangberg.com

I. The Impact of Betrayal

II. The Impact of Evil

III. The Impact of Shame

IV. The Impact of Loss of Hope

V. The Impact of Loss of Control

VI. Its Redemptive Work