

Enhancing the Beauty and Engaging with the Brokenness of Sex within Marriage

Many couples think they know all about sex because they have been educated by movies, magazines, and pornography. It is important to understand the later effects of sexual abuse, premarital sex, and pornography on sex within marriage. Unfortunately, there is a lot of misinformation surrounding this topic, but many couples can be helped by basic teaching regarding the differences between men and women and the importance of safety and trust in the relationship – for good sex. The Bible's rich teaching on the beauty and brokenness of sexuality is very practical.

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1. Biblical Context of Mutuality in Marriage (1 Cor 7: 1-7)

2. Eroticism in The Song of Songs

3. Sexual Difficulties for Women

4. Sexual Difficulties for Men

5. Honoring differences between men and women

6. Listening to sexual story

7. Helping communication

8. Education

9. Problems of Desire and Arousal

A. Physical

B. Circumstantial

C. Past experiences

D. Relationship issues

E. Expectations

F. Principled boundaries

10. Problems of Male Arousal

A. Erectile Disorder

B. Delayed ejaculation

C. Premature ejaculation

11. Pain on Intercourse

12. Problem with female orgasm

13. Summary of how to help!

Recommended reading:

A Celebration of Sex: A Guide to Enjoying God's Gift of Sexual Intimacy. Douglas Rosenau, Thomas Nelson, 2002

Sheet Music, Kevin Leman, Tyndale House, 2003

The Gift of Sex: A Guide to Sexual Fulfillment, Clifford and Joyce Penner, 2003