

## Informal Counselling

Most of our conversations take place outside of formal counselling sessions. The everyday conversations with our family, friends, and neighbors present us with opportunities to care for and counsel people around us. This session will attend to these shorter conversations and less formal counselling times.

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### 1. The kingdom of heaven advances because of the weak and ordinary

This is no surprise

Consider your own experience

Consider how secular counselling helps

### 2. What is pastoral care, in its briefest form?

Understand the person—"How are you?"

Consider what Scripture says—"How can I pray for you?"

### 3. These are the details

Take the initiative, because . . .

Follow the feelings, because . . .

Be responsively engaged

Jesus is your goal – walking with him, going to him

Take the initiative