

## The Beauty and Brokenness of Sex - Sexual Addiction Parts 1 & 2

Sex is a wonderful gift from God to be enjoyed within the boundaries our Creator has revealed in Scripture. It points us to the deep intimacy we will one day have with the Lord. Sadly, it is also profoundly misused in many ways, especially with the constant temptation of pornography. We easily become addicted to the rituals and pleasure of sexual arousal and release, thus damaging ourselves and others who are caught in the porn and sex trade industry throughout the world. To break free from compulsive and addictive dependence on sex, we need the help of others in the body of Christ to understand the broken places in our hearts. We also need the grace and forgiveness of our loving Father and a restored vision of the goodness and beauty of God's plan for our flourishing as sexual beings.

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*“If we want to know what’s most sacred in this world, all we need do is look for what is most violently profaned.” - Christopher West*

- I. Sexual Addiction – Introduction
- II.
  - A. Sam’s Story
  
  - B. Beauty and Brokenness: A Better Story
- III. Sexual Intimacy – Its Purpose
- IV. Good Sex v. Porn Sex
  - A. Anything Goes
  
  - B. The Song of Songs

C. War zone

D. Agony

V. Pornography – The Epidemic

A. Sexual Harassment

B. Sex Recession

C. Women and Porn

D. A Divided Life

E. Is It Addiction?

F. Solution?

G. Paul's Passionate Plea for Purity (1 Cor. 6)

## VI. Going Below the Surface

A. Sam – The Story Behind the Story

B. Vulnerability – Dysfunctional Families

1. Rigidity

2. Disengagement

3. Abandonment

4. Enmeshment

5. False Beliefs

C. Paths to Addiction

D. The Shame Cycle

E. Trauma

F. Sexual Abuse

G. Repetition

VII. Rescue and Recovery

A. Sam – The Road to Healing

B. Confession

C. His Healing – Her Realities

D. The Redemptive Path

1. Need for Friendships and Community

2. The Path to Healing

3. Breaking the Silence

Suggested Readings:

*Unwanted: how sexual brokenness reveals our way to healing.* Jay Stringer, Navpress, 2018.