

Fear: The Chink in My Armor

God gave us the emotion of fear to generate energy to respond appropriately to power. We have learned to abuse this emotion by running from God, from ourselves, and from others. In terms of affecting our witness and ministry, it truly has become the chink in our armor. In this workshop we will learn how to understand our fear and use it as God designed.

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I. A definition of fear

“Fear is the natural response to a real or imagined power.”

II. The process of unrighteous fear

A Formula for Fear:

Fear of Creation
- Fear of Creator
+ Fear Producing World
CONSUMING FEAR

III. The manifestations of fear

- A. Expressed Fear
- B. Repressed Fear

IV. The consuming results of fear

- A. Emotional Results
- B. Physical Results
- C. Spiritual Results
 - 1. Worry and fear affects our relationship to God.
 - 2. Worry and fear affects our relationship to other believers.
 - 3. Worry and fear affects our relationship to unbelievers.

V. The solution to fear in our lives

Fear the Lord

1. To fear the Lord is to obey His precepts (Ecc. 12:13; Prov. 8:13; Ps. 27:3; 56:3-4).
2. To fear the Lord is to trust His promises (Phil. 4:6, 19; Matt. 6:8; 1 Pet. 5:7; 2 Pet. 2:9; Ps. 115:11; Prov. 3:5-7; Ps. 56:4).
3. To fear the Lord is to respond to His power (Ex. 20:18-20; Lk. 12:4-7; Is. 40:12-31; Neh. 2:1-2; Esth. 4:1-2).

VI. The results of fearing the Lord

1. We experience His power to deal with what we fear (Ps. 34:4-7).
2. We experience His provision to meet our needs (Ps. 34:8-10; Mt. 10:29-31; Ps. 56:3-4; Ps. 118:6; Prov. 3:24-26; Prov. 19:23).
3. We experience His peace to bring rest in in a fear-producing world (Psa. 27:1-3; Prov. 14:26-27; Prov. 31:25; cf. 2 Chron. 20:3, 12, 15, 16-17, 18, 20-22, 29-30; 1 Jn 4:18; 2 Cor. 7:1).